

***GETTING YOU
IN THE
COMPETITION***



COACHING AND TRAINING

CLUB BEACH VOLLEYBALL

• A NEW EXPERIENCE FOR KIDS •

Hi, my name is Cory Gove. I have been playing and coaching both indoor & beach volleyball for over 25 years. My passion for this great sport is something I want to share with the next generation of volleyball players.

I have looked around and not seen a lot of options for year-round competition—I am hoping to change this by helping kids learn the sport, understand the strategies used at higher levels and compete to win, all while offering an affordable alternative to what's available now.

My coaching/playing experiences:

- Grew up following tours and playing beach volleyball tournaments throughout the U.S.
- Spent several years working with the Mexican Junior Indoor and Beach National Volleyball teams, including both individual/positional training and whole team practices & workout sessions. These teams competed all over the world in Junior World League competition.
- Coached indoor & beach volleyball for the last 20 years with several nationally ranked teams.
- Worked at a variety of clubs throughout San Diego and Missouri, coaching higher level teams competing to reach Nationals and earning top 10 rankings in the nation.
- Currently beach volleyball director for the Mustangs here in Encinitas, and assistant coach for the SDA indoor volleyball team.

NC BEACH PROGRAM

Club Location: Encinitas CA

Dates:

Starting in early August practices will be held on Saturdays in 2-hr time slots (8-10 AM or 10-12 PM based on the team you make) until high school beach season is over, and then Tuesdays and Thursdays (4:15–6:15 PM).

- Saturday practices from early August to late October will allow all athletes to compete for their individual high school beach volleyball teams.
- Saturday practices will start again from the middle of February until mid-May to allow all athletes to compete for their individual high school indoor volleyball teams.

Practices:

Two 2-hour practices per week, utilizing courts from **Del Mar Dog Beach, Moonlight Beach, and Ponto Beach**. (Practice day and times TBD as I am waiting to hear back about being put on the schedule for reserved courts at Carlsbad Beach.)

Competition:

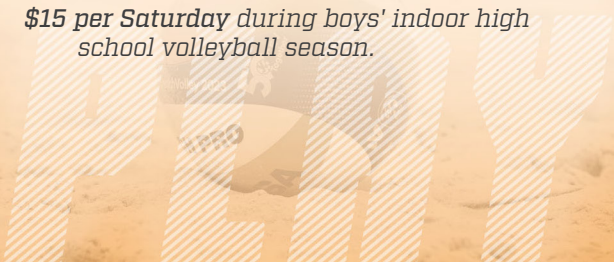
We will play the California Beach Volleyball Association Youth and/or Adult tournaments based on ability of teams as well as hosting our own tournaments and friendly matches throughout the year.

Cost:

\$15 per Saturday — 2-hour practice (until high school beach season is over).

\$250 per month after high school beach season ends (November to February).

\$15 per Saturday during boys' indoor high school volleyball season.



TOURNAMENTS

Scan codes to view full schedules:



*CBVA
Youth Schedule*



*CBVA
Men's Schedule*

Youth Competitions:

Youth events for all ages typically run from early March through late November. These tournaments are based on age but have the flexibility to allow play at a higher age range to push athletes for a more competitive experience. There is the potential to attend over 30 youth tournaments in a season!

Adult Competitions:

Some of our athletes are able to play at a higher level, therefore we'll be entering some adult tournaments, which leads to rankings throughout all of California. Doing well in these tournaments also allows our athletes to attain a player rating—this is a statewide recognition of your ability to play as a beach volleyball player.

*Tournaments are based on player ratings. The ratings system is as follows: Everyone starts as unrated; If you win an unrated tournament you move up to **B** rated; The next step is **A**, followed by **AA**, and finally the highest rating is **AAA**.*



THE FUTURE

*Next season there will be many additional competitions available to us, such as the **AVP Juniors** tournaments (there were 9 this season), and **Cal Cup Invitational** tournaments (there were 10 this year)—equivalent to Nationals for indoor volleyball—as well as many other fun tournaments including the **Father-Son Tournament** and the **Halloween Tournament** where you play in costumes!*

There are also a lot of opportunities to play in the Men's divisions almost every weekend, where athletes can earn rankings in the adult division for the entire state of California.

(Obviously getting a late start on the season affects our ability to have a packed schedule... However moving forward we'll look to compete at least twice a month for the whole 7-8 month beach season!)





*The affordable
alternative to club
volleyball programs
that cost \$2,500 to
\$6,000 (plus travel
fees!) for only a
5-month season.*

GET STARTED NOW



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